

MEGAN VAN DYKE

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WORK EXPERIENCE

- Camp director at Onside Athletics camp. *April to August 2022.*
 - Led a sports camp onsite by planning programming, leading counselors and interacting with campers daily.
- Live-out nanny for a Guelph family with two children. *April to August 2021.*
 - Provided assistance with online school and created structured summer activities with the children.
- Student intern at Nutrasource Diagnostics Inc. in Guelph. *April 2019 to January 2021.*
 - Assist with the conduction of clinical trials on pharmaceutical and nutraceutical drugs.
 - Assist marketing department through research and writing of blog posts.
- Dietary Aide at the Royal On Gordon retirement home in Guelph. *April to September 2020.*
 - Help to prepare and service meals to residents.
- Social media manager for U-Raaw! Custom Health Foods. *October 2018 to July 2019.*
 - Research and compose health articles for online blog weekly.
 - Post on Instagram and Facebook accounts multiple times weekly.
- General labourer at Burnaby Lake Greenhouse in Surrey, British Columbia. *July and August 2018.*
 - Plant and care for various plants and herbs.
- Restaurant Host at Kelsey's Diner South Guelph. *September 2017 to June 2018.*
 - Provide customer service in bringing guests to their tables and organizing server sections.
 - Work an expo shift in the kitchen twice a week, preparing cooked food.
- Sell apples every other Saturday at Brantview Apples & Cider in the Guelph Farmers Market. *August 2017 to May 2018.*
 - Sell and pack various apples and apple products.
- Camp Counselor for Onside Athletics Sports Camp. *June to August 2017.*
 - Responsible for organizing and leading activities for children.
 - Worked alongside other counselors in creating a safe and fun environment.
- Receptionist at Edinburgh Optometry Clinic, Edinburgh Rd. *October 2016 to August 2017.*
 - Arranged client appointments and answered phones.

- Worked at front desk greeting clients and processing payments.
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EDUCATION

Bachelor of Science in Applied Human Nutrition at the University of Guelph. *April 2022.*

VOLUNTEER EXPERIENCE

- Volunteer weekly at Guelph Community Christian School in the grade 3 classroom, providing assistance to the teacher as needed. *November 2021 to present.*
 - Volunteer weekly at Michael House Pregnancy and Parenting Residential House by providing childcare and nutritional education to mothers. *October 2021 to January 2022.*
 - Helped to prepare and provide breakfast weekly to Guelph's community with Lakeside Hope House. *October 2020 to June 2021.*
 - Led a discussion group of university students for on-campus group 'Power to Change'. *September 2019 to March 2020, September 2021 to March 2022.*
 - Work alongside mentor Janice Holley, Msc RD preparing food for her in home 'Make & Taste' biweekly. *September 2017 to June 2018.*
 - Helped to prepare and serve healthy breakfasts for children at Gateway Drive Public School's Breakfast Club. *September to December 2018.*
 - Participated in a service trip to Puerto Plata, Dominican Republic with Nexo. *January 2018.*
 - Participated in a service trip to Managua, Nicaragua with World Renew. *March 2017.*
 - Volunteered at Sunrise Therapeutic Riding Center in the Leadership In Training program. *August 2015.*
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ACHIEVEMENTS/ CERTIFICATIONS

- Completed the Sustainable Foodservice Professional - Level 1, produced by Leaders in Environmentally Accountable Foodservice (LEAF). *December 2020.*
 - Completed the Advanced.fst Manager Level Food Handling through TrainCan campus. *October 2020.*
 - Completed Smart Serve Certification. *January 2019.*
 - Participated in DECA business competitions. Placed second overall in regionals, qualified for and participated in provincial competition. *2016 - 2018.*
 - Captain of Sr. Girls volleyball team at Woodland Christian High School. *November 2017-February 2018.*
 - Member of Student Executive at Woodland Christian High School. *September 2016 to June 2017.*
 - Mentor in the mentorship program at Woodland Christian High School. *September 2015 to June 2018.*
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