

Sierra Westerman

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613-438-6786

Trenton, ON

Education

Double Major, Bachelor of Arts, Urban and Intercultural Ministry, Honours Co-op Program

Physical Education, General Major

Redeemer University, Ancaster, ON

Dean's List, Fall 2019

Expected Completion: April, 2023

Work Experience

Physical Education Teacher

Dundas Valley Junior Co-op, Dundas, ON

January 2019 – Present

- Used team sports to encourage unity and build a community within the students
- Constructed lesson plans to teach fitness and sport-related skills, leading them to live a healthier lifestyle
- Taught life skills by encouraging participation, giving opportunities for the students to take leadership, and teaching patience and kindness in difficult situations, enabling the students to be well prepared as they move onto high school

Crew Leader

KESA Painting, Trenton, ON

Summer 2018, 2019

- Oversaw a crew of labourers and ensured the work was being completed on time and at a high standard
- Communicated with my manager and crew, as well as with other trades, so that everyone understood their roles and how to complete the job, maintaining good time management and efficient productivity

Sports Complex Worker

Redeemer University, Ancaster, ON

September 2019-Present

- Created a safe, family-friendly environment by ensuring the sports complex was kept clean and organized, welcoming people into the facility and making sure things ran smoothly

Volunteer Experience

Prayer and Hospitality Team

Rooted Worship, Ancaster, ON

September 2019-Present

- Encouraged and supported individuals through prayer and various outreach activities, during the worship service as well as throughout the week

Soccer Coach

Brighton Soccer Club, Brighton, ON

June-August 2018

- Fostered a fun, healthy learning environment so that the athletes developed in their skills, grew to love the sport, and desired to improve

Additional Certifications/Accomplishments

- First Aid/CPR Certification, December 2019
- Redeemer Varsity Women's Volleyball Team, 2018-2019
- Horatio Alger Scholar, January 2018